

# Transgender Resources

## **NATIONAL ORGANIZATIONS AND ADVOCACY GROUPS**

ACLU's Get Equal Project's Gender Identity & Trans Rights page  
Gender.org: Gender Education & Advocacy  
Gender Public Advocacy Coalition

GENDER PUBLIC ADVOCACY COALITION: <http://www.gpac.org/>  
<http://www.childrenastheyare.org/>  
They have a "Children As They Are" program, parenting network. Works to promote freedom of gender expression.

INTERNATIONAL FOUNDATION FOR GENDER EDUCATION (IFGE): <http://www.ifge.org/>  
An advocacy and educational group promoting free gender expression.  
P.O. Box 367, Wayland, MA 01778  
617-899-2212 Information  
Internet: IFGE [a world.std.com](mailto:ifge@world.std.com)  
Homepage: <http://www.transgender.org/tg/ifge/index.html>

LAMBDA LEGAL: [www.lambdalegal.org](http://www.lambdalegal.org)

NATIONAL CENTER FOR TRANSGENDER EQUALITY: <http://www.nctequality.org/>  
Dedicated to advancing the equality of transgender people.

NATIONAL TRANSGENDER ADVOCACY COALITION

NCLR TRANSGENDER LAW PROJECT: <http://www.nclrights.org/projects/transgenderproject.htm>

Lawyers who represent transgender youth and adults on a range of legal issues.

PFLAG TRANSGENDER NETWORK (TNET): <http://pflag.org/TNET.tnet.0.html>

Provides education, advocacy, and support to gender variant and transgender youth, their families and caregivers.

SYLVIA RIVERA LAW PROJECT: <http://www.srlp.org/>

Works to protect the right of gender self-expression.

TRANSCEND, THE TRANSGENDER SUPPORT AND EDUCATION SOCIETY

TransFamily

TransGender Care

TRANSGENDER LAW & POLICY INSTITUTE: <http://www.transgenderlaw.org/>

Works on law and policy initiatives on behalf of transgender people.

TRANSPARENCY

TRANSSEXUAL, TRANSGENDER, AND INTERSEX HISTORY

TRANS\*TOPIA: Youth resources site for transgender, transsexual and genderqueer young people.

PARENTS, FRIENDS, AND FAMILIES, OF LESBIANS AND GAYS (PFLAG): [www.pflag.org](http://www.pflag.org)

GAY, LESBIAN, STRAIGHT EDUCATION NETWORK (GLSEN): [www.glsen.org](http://www.glsen.org)

SAN FRANCISCO HUMAN RIGHTS COMMISSION

25 Van Ness, Suite 800, San Francisco, CA 94102

415-252-2500

FTM INTERNATIONAL

5337 College Avenue, No.142, Oakland, CA 94618

Homepage: <http://www.ftm-intl.org/>

SAFE SCHOOLS COALITION: [http://safeschoolscoalition.org/RG-US\\_GLBtQyouth.html](http://safeschoolscoalition.org/RG-US_GLBtQyouth.html)

TNET-PFLAG'S TRANSGENDER NETWORK  
[www.pflag.org/tnet.html](http://www.pflag.org/tnet.html)

TRANSFAMILY: [www.transfamily.org](http://www.transfamily.org)  
Support network located in Cleveland, OH, provides internet and phone support

TRANSGENDER LAW CENTER  
[www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

TRANSGENDER LAW AND POLICY INSTITUTE

TRANSYOUTH FAMILY ADVOCATES: [www.imatyfa.org](http://www.imatyfa.org)  
Advocates for the rights of transgender and gender variant youth.

## **FOUNDATIONS**

TransKids Purple Rainbow: <http://www.transkidspurplerrainbow.org/>  
Their goal is to fund research and education about transgender issues.

## **LEGAL**

ACLU's "Get Equal" Project's Gender Identity & Trans Rights page:  
<http://www.aclu.org/getequal/trans.html>

LAMBDA LEGAL: [www.lambdalegal.org](http://www.lambdalegal.org)

NCLR TRANSGENDER LAW PROJECT: <http://www.nelrights.org/projects/transgenderproject.htm>

Lawyers who represent transgender youth and adults on a range of legal issues.

SYLVIA RIVERA LAW PROJECT: <http://www.srlp.org/>

TRANSGENDER LAW CENTER: [www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

TRANSGENDER LAW AND POLICY INSTITUTE

## **HEALTH CARE**

WORLD PROFESSIONAL ASSOCIATION FOR TRANSGENDER HEALTH: <http://www.wpath.org> A professional medical organization formerly known as the Harry Benjamin International Gender Dysphoria Association.

GENDER MANAGEMENT SERVICES CLINIC, CHILDREN'S HOSPITAL BOSTON:  
[http://www.childrenshospital.org/views/april07/new\\_clinic\\_addresses\\_intersex\\_and\\_gender\\_issues.html](http://www.childrenshospital.org/views/april07/new_clinic_addresses_intersex_and_gender_issues.html) A unique, all-purpose clinic that treats transgender and intersex children.

DIMENSIONS CLINIC: <http://www.dimensionsclinic.org> Drop-in groups, mental health, medical care, and hormonal treatment for transgender teens.

BROADWAY YOUTH CENTER: <http://www.howardbrown.org> Full youth support services including drop-in groups, mental health, medical care, hormonal treatment.

THE MAZZONI CENTER: <http://www.mazzonicenter.org/>

LGBT health center in Philadelphia.

WALKER-WHITMAN CLINIC: <http://www.wwc.org/> Provides health services for LGBT people in Washington, DC.

CalLEN-LORDE COMMUNITY HEALTH CENTER: <http://www.callen-lorde.org/> A primary health center serving New York City's LGBT population.

## **FOR PARENTS OF TRANS CHILDREN**

**TRANSFAMILY:** <http://www.transfamily.org/>

An internet support group for parents and families of transgender and transsexual people.

**PFLAG TRANSGENDER NETWORK (TNET):** <http://pflag.org/TNET.tnet.0.html>

Provides education, advocacy, and support to gender variant and transgender youth, their families and caregivers.

**CHILDREN'S NATIONAL MEDICAL CENTER :**<http://www.dccchildrens.com/gendervariance>

Support groups for parents who want to affirm young children with gender-variant behaviors.

**GENDER ODYSSEY CONFERENCE:** <http://www.transconference.org/family/index.htm>

National conference for families with gender variant and transgender children.

**FAMILY ACCEPTANCE PROJECT:** <http://familyproject.sfsu.edu>

Research on LGBT adolescents and young adults and their families. Developing family education materials, and assessment and intervention materials for providers.

**GENDER SPECTRUM EDUCATION AND TRAINING:** <http://www.genderspectrum.org/>

Provides education, resources and training to create a more gender sensitive and supportive environment for all children.

**GENDERPAC:** <http://www.gpac.org/> : Their “Children As They Are” program is GPAC’s parenting support network.

**D.C. CHILDREN’S MEDICAL CENTER:** <http://www.dccchildrens.com/dccchildrens/about/subclinical/subneuroscience/subgender/guide.aspx>

If You Are Concerned About Your Child’s Gender Behaviors: A Parent Guide: from Children’s National Medical Center in Washington, D.C., available in PDF format.

**MERMAIDS FAMILY SUPPORT GROUP FOR CHILDREN AND TEENAGERS WITH GENDER IDENTITY ISSUES:**  
<http://www.mermaids.freeuk.com/> British website offers support for gender non-conforming children and trans-identified or questioning teens and their parents.

## **FOR TRANS YOUTH**

**COMING OUT TRANS TO YOUR PARENTS AND FAMILY**  
<http://www.youth-guard.org/pflag-tnet/articles/comingouttrifold.pdf> Gender YOUTH Network, your chance to take a part in the new gender rights movement sweeping college campuses: <http://www.gpac.org/>

**YOUTHRESOURCE, A PROJECT OF ADVOCATES FOR YOUTH:**  
<http://www.youthresource.com/living/content/trans/brochure.htm>

**ADVOCATES FOR YOUTH PROJECT: RESOURCES FOR TRANSGENDER YOUTH:**  
[www.youthresource.com/living/trans/html](http://www.youthresource.com/living/trans/html)  
[www.advocatesforyouth.org](http://www.advocatesforyouth.org)

**YOUTHRESOURCE, A PROJECT OF ADVOCATES FOR YOUTH:**  
<http://www.youthresource.com/living/content/trans/brochure.htm>

**SMYAL -- SEXUAL MINORITY YOUTH ASSISTANCE LEAGUE:** <http://www.smyal.org/>  
A social services organization for lesbian, gay and transgender youth.  
**GLSEN -- GAY LESBIAN STRAIGHT EDUCATION NETWORK:** <http://www.glsen.org/>  
Works with school officials to ensure that transgender, gay and lesbian students are not harassed or bullied.

**NATIONAL YOUTH ADVOCACY COALITION:** <http://www.nyacyouth.org/>  
Advocacy organization for young people, including transgender youth.

**PROJECT 10:** <http://www.lausd.k12.ca.us/lausd/offices/eec/project10.htm>  
A Los Angeles Unified School District program that offers technical and educational support to schools and lesbian, gay, bisexual, and transgender students.

TRANSGENDER LAW CENTER

[www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

“Transgender and Non-Conforming Youth, Recommendations for Schools” addresses the severe discrimination and harassment that transgender students experience.

## **FOR TRANSGENDER ADULTS**

FTM INTERNATIONAL: <http://www.ftmi.org/> Runs support groups for female to male (FTM) transsexuals in cities around the world.

TS ROAD MAP: <http://www.tsroadmap.com/> An on-line guide for people in the process of transitioning.

THE TRANSITIONAL MALE: <http://www.thetransitionalmale.com/> Resources and information specifically for FTMs.

## **PUBLICATIONS**

TNET-PFLAG’s Transgender Network: [www.pflag.org/tnet.html](http://www.pflag.org/tnet.html)

OUR TRANS CHILDREN: Publication of the Transgender Network of PFLAG explains what it means to be transgender and discusses the special issues of transgender children and youth. It includes resources, a reading list of articles, book reviews, and more.

A PATH TO GREATER UNDERSTANDING: <http://www.madeinimage.org/>

This web page introduces you to ten people whose stories may surprise you. Explains what “transgender” and “intersex” mean. Discusses how gender-different people can find a place in religious institutions.

TRANSGENDER 102: <http://www.uua.org/obgltc/resource/tg102.html>

Unitarian’s Office of Bisexual, Gay, Lesbian, and Transgender Concerns, contains useful definitions and a section on how to be understanding and welcoming of transgender people.

TRANSGENDER AND GENDER NONCONFORMING YOUTH: RECOMMENDATIONS FOR SCHOOLS:

<http://www.transgenderlawcenter.org/tranny/pdfs/Recommendations%20for%20Schools.pdf>

Document from Transgender Law Center addresses problems ranging from lack of gender-neutral bathrooms to confidentiality, with specific recommendations for addressing each problem.

Advocates for Youth Project: [www.youthresource.com/living/trans.htm](http://www.youthresource.com/living/trans.htm)

I THINK I MIGHT BE TRANSGENDER...NOW WHAT DO I DO?

<http://www.advocatesforyouth.org/youth/health/pamphlets/transgender.pdf>

Resources for transgender youth.

“I Think I Might Be Transgender...Now What Do I DO?”

<http://www.advocatesforyouth.org/youth/health/pamphlets/transgender.pdf>

**MOM, I NEED TO BE A GIRL:** This amazing 103-page book was written by the mom of a transsexual child who transitioned -- including surgery -- with mom's help while still in high school. It includes, at the end, sections with advice to trans youth and their parents, questions to ask in choosing a counselor, an endocrinologist, and more. The book is available free at the web site <http://www.transproud.com/pdf/beagirl.pdf> (pdf format) or for \$10 from Just Evelyn, 3707 Fifth Ave., San Diego, CA 92103

Safe Schools Coalition: <http://www.safeschoolscoalition.org/whydontyoutellthem.pdf>

**WHY DON'T YOU TELL THEM I'M A BOY? RAISING A GENDER-NONCONFORMING CHILD**

Lambda Legal: [www.lambdalegal.org/cgi-bin/iowa/documents/record?=1504](http://www.lambdalegal.org/cgi-bin/iowa/documents/record?=1504)

**BENDING THE MOLD: AN ACTION KIT FOR TRANSGENDER YOUTH**, available to download in PDF format or can order in hard copy.

Gay, Straight, Alliance Network: [www.gsanetwork.org](http://www.gsanetwork.org)

**BEYOND THE BINARY: A TOOL KIT FOR GENDER IDENTITY ACTIVISM IN SCHOOLS**, available to download in PDF format.

GSA Network: <http://www.gsanetwork.org/resources/trans.html>

**TRANSGENDER ISSUES, TERMS AND DEFINITIONS:**

Gender: <http://www.gender.org/resources/teach.html>

**TRANSEXUAL AND TRANSGENDERED TEACHERS IN THE NEWS:**

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TRANSSEXUAL ROADMAP: <http://www.tsroadmap.com>  
Discusses self-acceptance and transitioning early in life.

Transgender Law Center: <http://www.transgenderlaw.org/college/index.htm#schools>  
TRANSGENDER-INCLUSIVE POLICIES IN SCHOOLS, COLLEGES AND UNIVERSITIES

Children's National Medical Center:  
<http://www.dcchildrens.com/dcchildrens/about/subclinical/subneuroscience/subgender/guide.aspx>  
IF YOU ARE CONCERNED ABOUT YOUR CHILD'S GENDER BEHAVIORS: A PARENT GUIDE

## **BOOKS**

Becoming a Visible Man by Jamison Green  
Finding the Real Me: True Tales of Sex and Gender Diversity edited by Tracie O'Keefe and Katrina Fox  
Gender Outlaw: On Men, Woman and the Rest of Us by Kate Bornstein  
Helping Professionals by Mildred L. Brown, PhD and Chloe Ann Rounsley  
Luna by Julie Ann Peters (fiction)  
Middlesex by Jeffrey Eugenides (fiction)  
Mom, I Need to be a Girl by Just Evelyn  
My Gender Workbook: How to Become a Real Man, a Real Woman, the Real You, or Something Else Entirely by Kate Bornstein  
She's Not There: A Life in Two Genders by Jennifer Finney Boylan  
Trans Forming Families, Real Stories About Transgendered Loved Ones, edited by Mary Boenke  
Trans Liberation: Beyond Pink or Blue by Leslie Feinberg  
Transgender Warriors: Making History From Joan of Arc to Ru Paul by Leslie Feinberg  
Transparent: Love, Family, and Living the T with Transgender Teenagers by Cris Beam  
True Selves- Understanding Transsexualism- For Families, Friends, Coworkers and

## **TRANSGENDER MOVIES AND DOCUMENTARIES**

A Boy Named Sue  
A Girl Like Me: The Gwen Araujo Story  
Beautiful Boxer  
Boys Don't Cry  
Changing Sexes: Male to Female  
Ed Wood  
Flawless  
From Her to Him and From Him to Her  
Glen or Glenda  
Just Call Me Kade  
Just Like a Woman  
Ma Vie En Rose (My Life in Pink)  
Middle Sexes: Redefining He and She  
No Dumb Questions  
Normal  
Paris is Burning  
Soldier's Girl  
Southern Comfort  
The Badge  
The Brandon Teen Story  
The Crying Game  
Transamerica  
Transgenerations  
Wigstock: The Movie  
Wild Side