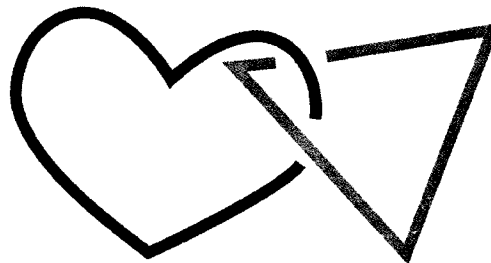


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# PFLAG Presents

## Our Trans Family and Friends



**PFLAG**  
Parents, Families and Friends of Lesbians and Gays

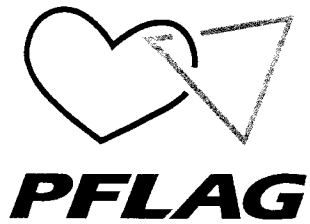
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[www.pflag.org](http://www.pflag.org)



# Today's agenda

- Welcome & introductions
- Some common and not-so-common terms
- Frequently asked questions (FAQs)
- Who are gender variant youth?
- Issues facing trans & gender variant youth
- How can I be a good ally?
- Q&A and resources



# Introductions

- About PFLAG National
- Support:  
About PFLAG's Transgender Network (TNET)
- Education and advocacy:  
PFLAG's transgender policy and field work



# Terms

- Sex
- Gender
- Sexual orientation
- Gender identity
- Gender expression



# Terms

- Transgender/trans
- Transsexual
- Transition
- Female-to-male (FTM)
- Male-to-female (MTF)
- Intersex



# Terms

- Gender variant
- Non-gender conforming
- Androgynous

trans. transman.  
transwoman.  
transsexual. bigender.  
boi. grrl. transgirl.  
crossdresser. ze. hir.  
two spirit.  
genderqueer.  
androgyne. 3rd  
gender. genderfuck.



# Watch words

## Problematic

tranny

transvestite

“a transgender”

“she is transgendered”

hermaphrodite

transgender

## Preferred

trans, transgender

crossdresser

transperson

she is transgender

intersex

man/woman



# Pronouns

## He...she, *I mean*...?

- Refer to your friend by the name and gender pronoun he or she prefers.
- Presentation/dress or self-identification
- But how do I know...?

*...Please do ask.*  
It's appreciated!

“What’s the pronoun that you prefer?”



# FAQs

- Why are people transgender?
- How many transgender people are there in the US?
- Are there any legal protections for transgender people?
- What are some common problems faced by transgender people?



# Gender variant youth

- Do girls who are tomboys grow up to be lesbian?
- Do effeminate boys become transwomen?
- How can I tell if my kid is gay or trans?
- Should I discourage my child's gender variant behavior and dress?



# Issues facing youth

- Bullying and harassment in schools
- Bathroom access





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# Issues facing youth

- Negative stereotypes
- Lack of role models
- Lack of accurate information





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# Issues facing youth

- No autonomy
- Lack of support at home
- Conversion therapy
- Low self-esteem, depression, substance abuse, running away, self-harming behaviors, suicidal thoughts





# Welcoming and safe



- What can I do as the parent or family member of a trans or gender variant youth?
- How can my local PFLAG group support the members in our chapter around trans issues?
- What can I do to be an ally to trans and gender non-conforming people?



# Q&A...any questions?



PFLAG National  
1726 M Street NW  
Suite 400  
Washington, DC 20036  
202.467.8180

[www.pflag.org](http://www.pflag.org)

[info@pflag.org](mailto:info@pflag.org)



# Resources

1. PFLAG Transgender Network  
[www.pflag.org/tnet.html](http://www.pflag.org/tnet.html)  
*Our Trans Children* (5<sup>th</sup> Ed.)
2. Gay-Straight Alliance Network  
[www.gsanetwork.org](http://www.gsanetwork.org)
3. Lambda Legal  
[www.lambdalegal.org](http://www.lambdalegal.org)
4. National Center for Transgender Equality  
[www.nctequality.org](http://www.nctequality.org)